



# ADVENTURE ACTIVITIES RISK ASSESSMENT AND CONTROL RECORD

*This Risk Assessment shall be reviewed at least every 2 years, upon identification of any new risks or whenever there is a related incident or change in a the task, process or activity which may alter risks*

<b>PART A - ACTIVITY DETAILS</b>			
<b>Name of activity:</b>		<b>Risk Assessment Number:</b>	
<b>Obstacle Course</b>		<b>YMCA-AA-RAL12</b>	
<b>Activity Scope:</b>		<b>ACTIVITY RISK RATING</b>	
Obstacle course is an activity involving movement under, over and through artificial obstacles. Harnesses and safety lines are not used, instead teams of spotters have the responsibility for the safety of the active participant. Helmets may be used for some participants if the risk assessment requires.		<b>Overall Risk Level (without Controls)</b>	<b>Overall Risk Level (with Controls)</b>
		<b>High</b>	<b>Moderate</b>
<b>Equipment / Facility Requirements:</b>	<b>Group Size and Supervision Requirements:</b>	<b>Activity Leader Qualification Requirements:</b>	
Program staff safety equipment and Obstacle course kit	Recommended Group Size: 15 Minimum number of Leaders: 1 Maximum ratio: 1 Supervising Adult :15 Participants	Lead challenge course session, low elements qualification or equivalent and first aid	
<b>Prepared By:</b>	<b>In Consultation with:</b>	<b>Issue Date:</b>	<b>Next Review Date:</b>
Lynda Aldridge	Brent Greenfield, David Bailey, Angela Byrne	June 2021	June 2023
<b>WHS Advisor</b>	<b>Group Manager</b>		
Angela Byrne	Will Sambrook		
<b>Reference Information:</b> (e.g. manufacturer's instructions, operating manuals, industry information, Company Policies, CoP, Standards, Regulations)		<b>Supporting Documentation:</b> (e.g. Work Instruction, SWP, Guidelines, Manuals, Inspection Checklists, Training Records, Signage)	
Australian Adventure Activity Standard Core Good Practice Guide (GPG) Challenge Courses GPG v1.0		Activity specific Standard Operating Procedures Activity Equipment Checklist Equipment Inspection, routine Equipment Inspection, annual	

<b>PART B - HAZARD IDENTIFICATION, RISK ASSESSMENT AND CONTROL</b>										
Hazard	Risk Event	Consequences	Initial Risk			Control Measures	Person Responsible	Current Risk		
			L	C	R			L	C	R
<i>What is the source of the Risk?</i>	<i>How can a person be injured?</i>	<i>What are the expected injuries / illness?</i>	L	C	R	<i>What will reduce the likelihood or consequences?</i>	<i>Who is responsible for implementing the control measure?</i>	L	C	R
<b>Environment</b> – hazards and risks associated with the Environment.										
Body of Water	Swimming ability not suitable for activity, causing near drowning	Chest Pain, cough, shortness of breath, vomiting	3	B	M	<ul style="list-style-type: none"> <li>Brief participants on risk of submerged obstacles</li> <li>Ensure each participant that has a Life Jacket that meets Australian Standards for its intended purpose</li> <li>The Life Jacket should be the correct size for the wearer and be adjusted correctly before entering the water</li> <li>Ensure throw rope is accessible</li> <li>Consider using kayak as safety craft</li> </ul>	Outdoor Leader	2	B	M
						<ul style="list-style-type: none"> <li>Brief participants on what to expect if they fall off the Postman Walk foot cable</li> <li>Ensure each participant that has a Life Jacket that meets Australian Standards for its intended purpose</li> <li>The Life Jacket should be the correct size for the wearer and be adjusted correctly before entering the water</li> <li>Ensure throw rope is accessible</li> <li>Kayak to be used as a safety craft on the dam</li> </ul>				

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Hazard	Risk Event	Consequences	Initial Risk			Control Measures	Person Responsible	Current Risk		
<b>People – List all hazards and risks associated with People.</b>										
Working or participating at heights	Participant sustaining a fall	<ul style="list-style-type: none"> <li>• Strains</li> <li>• Sprains</li> <li>• Fractures</li> <li>• Concussions</li> </ul>	3	B	M	<ul style="list-style-type: none"> <li>• Train participants on how to competently Spot. Spotters are a person or persons who are taught how to Spot. Spotting is a support process provided by a person, or persons, who offer physical protection of the head and upper body of a person should they fall.</li> <li>• Undertake knowledge and observational checks to ensure participants are competent in Spotting</li> </ul>	Outdoor Leader	2	B	M
Challenge Elements	Collision with obstacle	Strains, sprains, fractures and/or concussion	3	A	M	<ul style="list-style-type: none"> <li>• Participants to be trained on correct spotting procedures and practice activities to be undertaken prior to proceeding with the activity</li> </ul>	Outdoor Leader	2	A	L

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Hazard	Risk Event	Consequences	Initial Risk			Control Measures	Person Responsible	Current Risk	
<b>Logistics &amp; Equipment – List all risks associated with Logistics and Equipment.</b>									
Personal Protective Equipment (PPE)	Not provided or not correctly fitted	Abrasions, contusions, lacerations	3	B	M	<ul style="list-style-type: none"> <li>• Demonstrate and brief on correct fitting of PPE</li> <li>• Ensure correct fitting of PPE when initially fitted</li> <li>• Double check PPE immediately before participating in activity</li> <li>• Check PPE during activity</li> <li>• Different size helmets available and highly adjustable</li> <li>• Helmets to be of the correct size and fit</li> <li>• Helmets to be checked prior to commencing activity</li> <li>• Helmets to be worn and secured throughout required obstacles</li> </ul>	Outdoor Leader	2	B M
Unders obstacle	Hitting head on bar	Consussion	3	A	M	<ul style="list-style-type: none"> <li>• Ensure pole pads are correctly fastned on under bars</li> <li>• Ensure close supervision and monitoring of behaviour during the activity session by Client staff</li> </ul>	Outdoor Leader	2	B M